



Competition Guidelines 2023-24

Scoring

Please see Cheer Canada and IASF's website for scoring information.

Each judge will evaluate specific skill areas as per Cheer Canada and/or IASF Comparative Score Sheet.

All non-worlds divisions will be evaluated on Cheer Canada score sheets. All worlds divisions will be adjudicated on IASF Worlds Score Sheet.

Multi-run events will have the first run weighted 30% and the second run weighted 70% of the total score.

Tie Breaking

If the total score is the same, the team with the highest unweighted total overall impression score will be declared the winner. If there is still a tie, then both teams will be awarded that ordinal and the next rank will not be awarded.

I.E. 1, 2, 2, 4, 5 or 1, 1, 2, 3, 4, 5 etc.

Judges Choice Calculation

On a single run event, the judges choice will be selected from the top scoring teams in each included level. The selection will consider discrepancies in scoring trends across panels.

On multi-run events, the judges choice selection will be determined by taking 30% of the first run score, adding it to 70% of the second run score. Teams who are in single run divisions of multi-run events, will be eligible for their own Judges Choice award for their level (ie prep but not novice), separate from the two run Judges Choice calculation. If a team scratches one run at a multi-run competition, only the first run percentage will be included.

Divisional Rules

Canadian Cheer will be following the IASF Rules for the 2023-24 competitive season for all All-Star teams unless otherwise specified.

All School teams are subject to the limitations listed in the Canadian Cheer Scholastic Rules. Coaches are responsible for recognizing the differentiations between IASF All Star rules and Canadian Cheer School rules.

Division ages and sizes are available on the Cheer Canada website – divisions.

Cheer Abilities will be non-compete unless they notify the Canadian Cheer office/scoring coordinator that they intend to compete. If a team intends to compete, they will be bound by all scoring, rules and divisional requirements outlined for Cheer Abilities by Cheer Canada.

Updated 06/21/2023



Competition Guidelines 2023-24

Sickness or Injury before Warm-up Rotation

The EP staff may help facilitate switching warm-up times with other willing teams, but cannot guarantee an alternate time. If a team fails to perform at their designated time, they will receive 0 for their score. In the spirit of sportsmanship, the EP will endeavour to make the fairest possible decisions for all parties, but time limitations and other factors may limit the EP's ability to make scheduling concessions.

Injury during Warm-up Rotation

Teams who incur a severe injury during their designated warm-up time may be immediately moved to the end of their division to allow the team time to alter the routine. Whenever possible, the EP's staff will try to accommodate extra mat time to warm up the altered skills.

Teams scheduled to use a mat that is occupied by an injured athlete will still be granted their entire warm-up time, but the EP cannot guarantee they will still have the same "on deck" span of time.

Virtual Teams

Bid Declarations

Score Sheets



Competition Guidelines 2023-24

Canadian Cheer - General Rules

1. Canadian Cheer reserves the right to add, combine, divide and or eliminate divisions as necessary based on registration per event. The interest is always to facilitate a fair and competitive event.
2. ALL STAR TEAMS: Any team not representing a school MUST compete in the All-Star division, all athletes must be registered members in the club, club must have proof of insurance, completed all required paperwork/admin and be accompanied by a coach over the age of 18.
3. Please refer to the IASF grid for more clarification on ages and divisions.
4. CROSS OVER ATHLETES. A cross-over athlete is an athlete that competes on more than one squad. Crossover athletes must be properly documented on the team roster and registration form and submitted prior to the event. Failure to accurately document cross over athletes will result in disqualification of the team. **School athletes that compete in all star are not considered crossovers. Crossovers may not compete against themselves (ie two teams in the same division). Additional crossover limitations may apply at specific events (ie Showdown, Canadian Finals, Worlds Bid qualifying events etc).**
5. Athletes may participate on a maximum of three all star cheer teams at any event. Cross overs are required to pay the associated fees for each team with which they participate. Please see the USASF crossover rule for further clarification.
6. If your team(s) will be competing with cross-over athletes you will need to bear the burden of overlapping practice times, performance orders and payment.
7. Routines must follow the routine time guidelines as outlined by Cheer Canada and the IASF. Time will begin with the first word, beat of music or obvious movement and will end on the last word or beat of music or obvious end. This includes ANY organized team entries/choreo before "setting" for their routine. Teams must take the floor and assume their starting position immediately. Should any choreography before beginning the routine result in a music mishap, injury, or delay, the team may be penalized.
8. All competitions will be held on a 54' x 42' carpeted foam performance surface or spring floor. Check event specifics for spring floor information.



Competition Guidelines 2023-24

9. Music must be in CD format, no CD-RW's. We strongly suggest that each team has 2 copies of their routine music. All events will also have Mp3 player connections. Please ensure all MP3 tracks are on their own play list and that the electronic device is in good working order, with the appropriate settings.
 - cases removed
 - airplane mode turned on
 - volume up
 - all alerts/reminders/alarms turned off
 - music downloaded directly to the device and NOT playing off a cloud
10. If there is an error in the music, the convenor or legalities judge will assess if there was an obvious disadvantage to the team and may re-issue a performance time. Should there be an error in music, the team must continue their performance until a Convenor or Legality judge stops the music. The coach who remains at the music booth may request a stop of music, but is not guaranteed a new performance time. If a coach believes their team was disadvantaged due to a technical difficulty they must report this to Score Check or M.C. within 5 minutes of their performance.
11. In the event of an obvious injury, the Coach, Head Judge, Legality Judge or Convenor (when applicable) will be the only individuals permitted to stop a routine. Scoring will continue from the point the injury occurred. In the spirit of sportsmanship, teams must perform all elements up to the point of stoppage during the re-run.
12. All uniforms, choreography, routines and music must be in good taste, age appropriate, and appropriate for a family atmosphere. If in the opinion of the Head Judge and/or the Convenor a routine violates these criteria the routine may be stopped at any time, may be issued a deduction and/or disqualified. Regardless of the result, NO refunds will be issued.
13. The Event Providers will not give competition itinerary information over the phone. Itinerary information is available online at the Event Providers' websites.
14. SPORTSMANSHIP. All participants must conduct themselves in a manner displaying good sportsmanship throughout the competition. The head coach of each team is responsible for seeing that squad members, coaches, parents and other persons affiliated with their team/program conduct themselves accordingly. Each Coach is required to sign the Coaches Code of Conduct upon registration. See Legalities and Penalties section for further information.
15. Canadian Cheer events take pride in providing the most qualified non-partisan judges available for each competition. No matter the instance the decision of the Head Judge is final.
16. Any discrepancy in scoring must only be addressed with Convener or designated Scoring representative of the competition.



Competition Guidelines 2023-24

17. All Coaches must be aware of Canadian Cheer's policies on deductions and safety infractions, including the 2-Day Event Scoring Policy.
18. All participants are subject to divisional rules and safety guidelines, Canadian Cheer Policies and Procedures, Cheer Canada rules and guidelines, Coaches Code of Conduct, IASF/USASF General Safety Rules.