



For the 2019-2020 season school teams will have the option of registering in a set of divisions that aligns with RSEQ/FCQ division and scoring requirements, or Cheer Canada scoring and division requirements.

- Teams may register in any division that is offered, regardless of their home province/area.
- Cheer is not mandatory for any division, but choosing not to do one may affect your score. **We will not deduct points as a penalty for teams not performing a cheer.**
- If a cheer is performed in the FCQ/RSEQ divisions, any skills in the cheer are counted as part of their routine score. The components of the cheer will only receive comments on the cheer part of the score sheet. (Note: Cheer requirement/scoring for Collegiate/Cegep divisions to be determined.)
- If a cheer is performed in the ICU/Cheer Canada divisions the skills in the Cheer are only evaluated on the Cheer part of the score sheet.

Score Sheets:

<http://www.cheerleadingcanadainc.com/scholastic-scoring-system/>

Following RSEQ/FCQ Divisions:

(IASF Rules, 2 minute music, 30 second cheer recommended)

Primary	Grades 1- 6	5-30 athletes	All Gender	Level 1, 2, 3
Junior	Grades 4- 9	5-30 athletes	All Gender	Level 1,2, 3
Senior	Grades 7 - 12	5-30 athletes	All Gender Level 1, 2 All Girl Level 3, 4 Coed Level 3, 4	Level 1, 2, 3, 4
Cegep/Collegiate	Enrolled in Cegep or College	5-30 athletes	All Girl/Coed	Level 5
Collegiate	Enrolled in College/University	5-30 athletes	All Girl Coed (1-20 Males)	Level 4, 7

- Collegiate Cheer requirement - TBD

IASF Rules:

<http://www.iasfworlds.com/wp-content/uploads/2019/07/IASF-2019-20-Rules-Final-3.pdf>

Following Cheer Canada Rules:

(ICU Rules, 1 minute 30 second music, 30-45 second cheer recommended)

Primary CC	Grades 1- 4	5-30 athletes	All Gender	Beginner, Novice
Elementary CC	Grades 4- 6	5-30 athletes	All Gender	Novice, Intermediate
Junior High CC	Grades 6- 9	5-30 athletes	All Gender	Novice,

				Intermediate, Median
Senior CC	Grades 7 - 12	5 - 30 athletes	All Gender ----- -- All Gender Coed Advanced All Gender Non- Tumbling ----- -- All Gender	Median Intermediate ----- Advanced ----- Game Day
Cegep/Collegiate CC	Any Post-Secondary Institution	5 - 36 athletes	All Girl Small Coed (1-4 males) Large coed (5+ males)	Advanced Premier

Cheer Canada/ICU Rules:

<http://www.cheerleadingcanadainc.com/school-rule-book/>