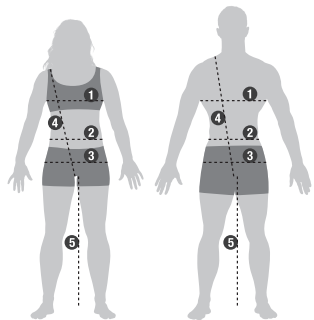


PROCHEER FEMALE MEASURING & SIZE CHARTS

AGE	0-3 yrs	3-4 yrs	4-5 yrs	6-7 yrs	7-8 yrs	8-9 yrs	10-11 yrs	12-13 yrs		
SIZE	CXS	CS	CM	CL	YXS	YS	YM	YL		
Chest	18.5 - 20	20 - 21.5	21.5 - 23	23 - 24.5	24.5 - 26.5	26.5 - 27.5	27.5 - 28.5	28.5 - 29.5		
Waist	18 - 19	19 - 20	19 - 20	20 - 21	21 - 22	22 - 23	23 - 24	24 - 25		
Hip	21 - 22	22 - 23	23 - 24	24 - 25	26 - 28	29 - 30	31 - 32	33 - 34		
Girth	34-36	36-38	38-41	41 - 44	44 - 46	46 - 48	48 - 50	50 - 52		
Sleeve Inseam	11	12	13	14	15	16	17	18		
Pant Inseam	16	18	20	22	24	25	26	27		

AGE	14-16 yrs									
SIZE	AXS	AS	AM	AL	AXL	AXXL	A3XL	A4XL	A5XL	A6XL
Chest	29.5 - 31	31 - 33	33 -35	35 - 37	37 - 40	40 - 42	42 - 44	44 - 46	46 - 48	48 - 50
Waist	25 - 26	26 -28	28 - 29	29 - 31	31 - 33	34 - 36	37 - 39	40 - 42	43 - 45	46 - 48
Hip	35 - 36	37 - 38	39 - 40	41 - 42	43 - 45	46 - 48	49 - 51	52 - 53	54 - 56	57 - 59
Girth	52 - 54	54 - 56	56 - 59	59 - 62	61 - 64	63 - 66	65 - 68	67 - 70		
Sleeve Inseam	18.5	19	19.5	20	20.5	21	21.5	22		
Pant Inseam	28	29	30	31	32	32	33	33	34	34

WHERE TO MEASURE



1

Chest Measurement:
Under arm pits, take a deep breath and hold arms out at shoulder height in a "T" position.

2

Waist Measurement:
Take at the "natural" waist line (around belly button).

3

Hip Measurement:
With feet together, take around the fullest part of the hips and buttocks.

4

Girth Measurement:
Take from centre of shoulder, down and across to opposite crotch, then back to shoulder.

5

Inseam Measurement:
In bare feet, take from crotch down to one inch from floor.



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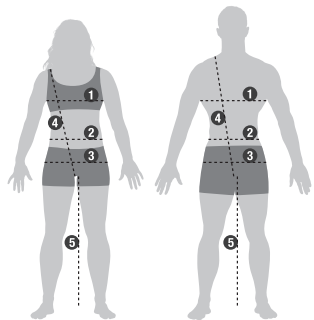
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PROCHEER MALE MEASURING & SIZE CHARTS

AGE	0-3 yrs	3-4 yrs	4-5 yrs	6-7 yrs	7-8 yrs	9-11 yrs	11-13 yrs	14 yrs & up
SIZE	CXS	CS	CM	CL	YXS	YS	YM	YL
Chest	19 - 20	20 - 22	22 - 24	24 - 26	27 - 29	29 - 31	31 - 33	33 - 35
Waist	18 - 19	19 - 20	20 - 21	21 - 22	22 - 24	24 - 26	26 - 28	28 - 30
Hip	19 - 20	20 - 22	22 - 24	24 - 26	26 - 28	28.5 - 30	30.5 - 32	32.5 - 34
Sleeve Inseam	11	12	13	14	16	17	18	19
Pant Inseam	16	18	20	22	24	26	27	28

SIZE	AXS	AS	AM	AL	AXL	AXXL	A3XL	A4XL
Chest	35 - 38	38 - 41	41 - 44	44 - 47	47 - 50	50 - 53	53 - 56	56 - 59
Waist	29 - 32	32 - 35	35 - 38	38 - 41	41 - 44	44 - 47	47 - 50	50 - 53
Hip	35 - 37	38 - 40	41 - 43	44 - 46	47 - 49	50 - 52	53 - 55	56 - 58
Sleeve Inseam	20	20.5	21	21.5	22	22	23	23
Pant Inseam	29.5	30	30.5	31	31.5	32	32.5	33

WHERE TO MEASURE



1

Chest Measurement:
Under arm pits, take a deep breath and hold arms out at shoulder height in a "T" position.

2

Waist Measurement:
Take at the "natural" waist line (around belly button).

3

Hip Measurement:
With feet together, take around the fullest part of the hips and buttocks.

4

Girth Measurement:
Take from centre of shoulder, down and across to opposite crotch, then back to shoulder.

5

Inseam Measurement:
In bare feet, take from crotch down to one inch from floor.



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